



MONTHLY MENU

Spring 2024

Week 1

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal Scrambled Eggs Sausage Patty Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Cheesy Scrambled Egg Bacon Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Canadian Bacon Southern Style Biscuit Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Cinnamon French Toast Sausage Patty Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Hard Boiled Egg Biscuits and Sausage Gravy Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Bacon Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Buttermilk Pancakes Sausage Patty Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea
LUNCH	BBQ Chicken Thighs Baby Baker Potatoes Broccoli Dinner Roll Cherry Fruit Cobbler Margarine Coffee/Tea	Herbed Pork Loin Long Grain & Wild Rice Carrots Choice of Roll Frosted Chocolate Cake Margarine Coffee/Tea	Roast Turkey Cranberry Sauce Cornbread Dressing Green Beans Choice of Roll Banana Pudding Margarine Coffee/Tea	Salisbury Steak w/ Gravy Garlic Mashed Potatoes Stewed Tomatoes w/Okra Choice of Roll Brownie Margarine Coffee/Tea	Fried Chicken Sweet Potatoes Collard Greens Cornbread Sour Cream Orange Cake Margarine Coffee/Tea	Fried Fish French Fries Creamy Cole Slaw Cornbread Gelatin w/Whip Topping Margarine Coffee/Tea	Spaghetti Meat Sauce w/ Noodles Tossed Salad Garlic Toast Choice of Dressing Parmesan Cheese Ice Cream Margarine Coffee/Tea
SUPPER	Seafood Fettuccine Alfredo Spinach Choice of Roll Cinnamon Apples Margarine Whole / 2% / Skim Milk Coffee/Tea	Chicken Biscuit with Honey Sauce Tater Tots Creamy Cole Slaw Sliced Peaches Ketchup Margarine Whole / 2% / Skim Milk Coffee/Tea	Braised Beef Tips White Rice Malibu Vegetable Blend Choice of Roll Fruit Parfait Margarine Whole / 2% / Skim Milk Coffee/Tea	Baked Ziti w/Sausage Tossed Salad Tater Tots Mandarin Oranges Choice of Dressing Margarine Whole / 2% / Skim Milk Coffee/Tea	Vegetable Soup Saltines Deli Sandwich Potato Salad Melon Mayonnaise Packet Margarine Whole / 2% / Skim Milk Coffee/Tea	Ham Slice Lima Beans Carrots Cornbread Pineapple Chunks Margarine Whole / 2% / Skim Milk Coffee/Tea	Chicken Tenders Honey Mustard Sce Macaroni & Cheese Capri Vegetable Blend Dinner Roll Orange Wedges Margarine Whole / 2% / Skim Milk Coffee/Tea

Week 2

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal Scrambled Eggs Bacon Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Cheesy Scrambled Egg Sausage Patty Mini Muffin Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs French Toast Sticks Bacon Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Canadian Bacon Southern Style Biscuit Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Hard Boiled Egg Bacon Toast Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Biscuits and Sausage Gravy Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Sausage Patty Cinnamon Roll Margarine Juice Whole / 2% / Skim Milk Coffee/Tea
LUNCH	Baked Glazed Ham Corn Casserole Green Beans Choice of Roll Apple Crisp Margarine Coffee/Tea	General Tso Chicken Fried Rice Broccoli Vegetable Egg Roll Sugar Cookie Margarine Coffee/Tea	Roast Beef Brown Gravy Mashed Potatoes Prince Charles Veggie Blend Choice of Roll Key Lime Cake Margarine Coffee/Tea	Meatloaf Butter Beans Collard Greens Cornbread Banana Pudding Margarine Coffee/Tea	Fried Chicken Macaroni & Cheese Cooked Cabbage Cornbread Chocolate Fudge Cake Margarine Coffee/Tea	Fried Fish Creamy Grits Fried Okra Bread Gelatin w/Whip Topping Margarine Coffee/Tea	Baked Pork Chop Black Eyed Peas Turnip Greens Cornbread Sugar Cookie Margarine Coffee/Tea
SUPPER	Tomato Soup Saltines Grilled Cheese Sandwich French Fries Diced Peas Margarine Whole / 2% / Skim Milk Coffee/Tea	Krab Cakes Tartar Sauce Baked Potato Sour Cream Peas & Carrots Dinner Roll Peaches w/Whipped Topping Margarine Whole / 2% / Skim Milk	BBQ Pulled Pork Corn on the Cob Creamy Cole Slaw Garlic Toast Watermelon Margarine Whole / 2% / Skim Milk Coffee/Tea	Cream of Broccoli Soup Saltines Grilled Turkey & Swiss Sandwich Tomato Slices Potato Chips Seasonal Fruit Cup Whole / 2% / Skim Milk Coffee/Tea	Beef Tacos Spanish Rice & Pinto Beans Salsa & Sour Cream Shredded Lettuce & Diced Tomato Fruit Cocktail Margarine Whole / 2% / Skim Milk Coffee/Tea	Hot Dog on a Bun Creamy Cole Slaw Baked Beans Shredded Chunks Whole / 2% / Skim Milk Coffee/Tea	Salisbury Steak w/Gravy Brown Gravy Mashed Potatoes Green Beans Choice of Roll Peaches w/Whipped Topping Margarine Whole / 2% / Skim Milk Coffee/Tea

Week 3

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal Cheesy Scrambled Egg Bacon Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Sausage Patty Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Cinnamon French Toast Sausage Patty Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Bacon Southern Style Biscuit Margarine Jelly Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Hard Boiled Egg Pancakes Sausage Patty Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Biscuits and Sausage Gravy Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Bacon Hashbrown Patty Toast Margarine Juice Whole / 2% / Skim Milk Coffee/Tea
LUNCH	Roast Turkey Cranberry Sauce Honey Stuffing Honey Glazed Carrots Choice of Roll Apple Cobbler Margarine Coffee/Tea	Lasagna Tossed Salad Garlic Toast Gelatin w/Whip Topping Choice of Dressing Margarine Coffee/Tea	Roast Pork Roasted Red Potatoes Key West Vegetable Blend Choice of Roll Sliced Peaches Margarine Coffee/Tea	Country Fried Steak White Pepper Gravy Mashed Potatoes Broccoli and Cheese Dinner Roll Chocolate Pudding w/ Whip Topping Margarine Coffee/Tea	Fried Chicken Purple Hull Peas Collard Greens Cornbread Chocolate Chip Cookie Margarine Coffee/Tea	Fried Fish French Fries Creamy Cole Slaw Cornbread Lemon Tart Margarine Coffee/Tea	Baked Chicken Rice Pilaf Mixed Vegetables Choice of Roll Strawberry Shortcake Margarine Coffee/Tea
SUPPER	Shrimp Basket Macaroni & Cheese Stewed Tomatoes Southern Style Biscuit Fruit Cocktail Margarine Whole / 2% / Skim Milk Coffee/Tea	Smoked Sausage Sauteed Peppers & Onions Hashbrown Casserole Cooked Cabbage Cornbread Pineapple Chunks & Cherries Margarine Whole / 2% / Skim Milk Coffee/Tea	Corn Chowder Saltines Turkey BLT Fried Zucchini Brownie Margarine Whole / 2% / Skim Milk Coffee/Tea	Tuna Salad Saltines Pasta Salad Fried Beets Blushing Pear Slices Margarine Whole / 2% / Skim Milk Coffee/Tea	Ham Slice Au Gratin Potatoes Brussels Sprouts Dinner Roll Cinnamon Apples Margarine Whole / 2% / Skim Milk Coffee/Tea	Beefy Baked Ziti Green Beans Garlic Toast Seasonal Fruit Cup Margarine Whole / 2% / Skim Milk Coffee/Tea	Cheeseburger Lettuce & Tomato Onion Rings Broccoli Salad Banana Pudding Ketchup Whole / 2% / Skim Milk Coffee/Tea

Week 4

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal Scrambled Eggs Buttermilk Pancakes Sausage Patty Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Biscuits and Sausage Gravy Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Bacon Buttered Raisin Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs French Toast Sticks Sausage Patty Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Hard Boiled Egg Canadian Bacon Toast Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Cinnamon French Toast Sausage Patty Syrup Margarine Juice Whole / 2% / Skim Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Bacon Toast Jelly Margarine Juice Whole / 2% / Skim Milk Coffee/Tea
LUNCH	BBQ Ribs Macaroni & Cheese Collard Greens Cornbread Pineapple Upside Down Cake Margarine Coffee/Tea	Hamburger Steak with Baked Brown Gravy Baked Potato Sour Cream Broccoli Choice of Roll Cherry Cake Margarine Coffee/Tea	Chicken and Dumplings Carrots Dinner Roll Vanilla Ice Cream Cup Margarine Coffee/Tea	Pot Roast Red Bliss Potatoes Cooked Cabbage Choice of Roll Sugar Cookie Margarine Coffee/Tea	Fried Chicken Baked Sweet Potato Green Beans Cornbread Sorbet Margarine Coffee/Tea	Fried Fish French Fries Creamy Cole Slaw Cornbread Oreo Cookie Blondies Margarine Coffee/Tea	Smothered Pork Mashed Potatoes Vegetable Medley Choice of Roll Frosted Chocolate Cake Margarine Coffee/Tea
SUPPER	Chicken Jambalaya Tossed Salad Dinner Roll Seasonal Melon Choice of Dressing Margarine Whole / 2% / Skim Milk Coffee/Tea	Minestrone Soup Saltines Egg Salad Sandwich Potato Chips Mandarin Oranges Whole / 2% / Skim Milk Coffee/Tea	Hot Dog with Chili French Fries Marinated Cucumbers & Tomatoes Emerald Peas Whole / 2% / Skim Milk Coffee/Tea	Quiche Hashbrown Patty Mini Muffin Tomato Slices Seasonal Fruit Margarine Whole / 2% / Skim Milk Coffee/Tea	Spaghetti Meat Sauce w/ Noodles Tossed Salad Garlic Toast Choice of Dressing Tropical Fruit Whole / 2% / Skim Milk Coffee/Tea	Bologna and Cheese Sandwich Tomato Basil Salad Potato Chips Orange Wedges Margarine Whole / 2% / Skim Milk Coffee/Tea	Swedish Meatballs Egg Noodles Tossed Salad Green Beans Sliced Peaches Dinner Roll Whole / 2% / Skim Milk Coffee/Tea

